Surviving Cancer Competently Intervention Program (SCCIP-ND) Training Workshop

An intervention for caregivers of children diagnosed with cancer

Sponsored by the Center for Pediatric Traumatic Stress at the Children’s Hospital of Philadelphia and at Nemours / A.I. duPont Hospital for Children

Wilmington, DE: Thursday, May 14 – Friday, May 15, 2015
Training Program Faculty:
Anne E. Kazak, PhD, ABPP
Center for Pediatric Traumatic Stress
Nemours / A.I. duPont Hosp. for Children
Center for Health Care Delivery Science
Nemours Biomedical Research
Stephanie Schneider, MS, LPC
Lead Interventionist and Consultant
Center for Pediatric Traumatic Stress
Nemours / A.I. duPont Hosp. for Children

About the trainers:
Dr. Kazak is recognized internationally as a leader in the field of pediatric medical traumatic stress. Her research focuses on the impact of traumatic stress on children with cancer and their families, as well as on developing and disseminating psychosocial assessments and interventions in pediatric oncology. She has authored over 200 peer-reviewed articles and chapters and co-authored three books. She co-founded the Center for Pediatric Traumatic Stress (CPTS) in 2002, and expanded CPTS to Nemours / A.I. duPont Hospital for Children in 2013. Ms. Schneider served in a leadership capacity with the Center for Pediatric Traumatic Stress since its inception in 2002 until 2014. She now serves as a Consultant to the Center for special projects. She served as an interventionist on the SCCIP-ND RCT and has been the lead trainer for SCCIP-ND since 2009. A licensed professional counselor with 12 years experience, Stephanie is also an Assistant Clinical Professor of Psychology at the Philadelphia College of Osteopathic Medicine, teaching and supervising master’s trainees in clinical psychology.

About CPTS:
The Center for Pediatric Traumatic Stress, a partner in the National Child Traumatic Stress Network, was founded in 2002 to address medical trauma in the lives of children and families. CPTS partners with medical and mental health providers nationally to increase awareness about and recognition of medical trauma, promote empirically-supported assessment and intervention, provide training in best practices, and disseminate coping resources for children and families. CPTS is co-located at the Children’s Hospital of Philadelphia and the Nemours / A.I. duPont Hospital for Children.

Surviving Cancer Competently Intervention Program (SCCIP-ND)
An intervention program for clinicians working with caregivers of children diagnosed with cancer

Program Overview

Surviving Cancer Competently Intervention Program - Newly Diagnosed (SCCIP-ND) is a manualized three-session intervention for parents and caregivers of children diagnosed with cancer. SCCIP-ND is an integrated cognitive behavioral and family systems intervention, designed to promote healthy family adjustment to pediatric cancer and treatment and to prevent cancer-related posttraumatic stress symptoms in family members. SCCIP-ND was based on research indicating the presence of symptoms of posttraumatic stress in childhood cancer survivors and their parents. The intervention is structured according to the following:

- **Session 1** helps caregivers identify their beliefs about cancer and discuss how beliefs influence feelings, behaviors, and family relationships.
- **Session 2** helps caregivers understand how adverse beliefs can impact family functioning and addresses the benefits of reframing beliefs to enhance their feelings, behaviors, and family relationships.
- **Session 3** engages caregivers in a guided discussion regarding the role of cancer in the family. The “Family Survival Roadmap” is used to help caregivers recognize their beliefs about the future and share beliefs with each other.

The intervention is based on four key therapeutic constructs that are integrated throughout each session: joining with the family; maintaining an interpersonal focus; normalizing the family’s experience; and focusing on the family’s strengths and growth. SCCIP-ND also utilizes the “Video Family Discussion Group” tool throughout the intervention as a virtual proxy for a supportive discussion with other caregivers of children with cancer.

*Note: The SCCIP-ND implementation materials are also available for Spanish-speaking therapists and families.*

Target Audience: This program is designed for medical and mental health / psychosocial providers who work with caregivers of children diagnosed with cancer. Those being trained to implement the intervention should have some experience providing psychotherapy and be familiar with Cognitive-Behavioral or Family Systems therapeutic orientations.

Educational Objectives: After attending this program, the learner will be able to:
1. Describe the evidence supporting the efficacy for the SCCIP-ND intervention.
2. Explain the theoretical basis for using the four core treatment components: (a) Joining, (b) Identifying Adversities-Beliefs-Consequences, (c) Reframing, and (d) the Family Roadmap in guided conversations about the role of cancer in the family.
3. Apply these four core components with caregivers in treatment sessions.
4. Utilize guidelines for implementing the intervention flexibly, while maintaining fidelity to the protocol.

Continuing Education: The Children’s Hospital of Philadelphia is approved by the American Psychological Association to offer 1 credit per hour, with a maximum of 12 credits to sponsor continuing education for psychologists. The Children’s Hospital of Philadelphia maintains responsibility for this program and its content.

This program is approved by the National Association of Social Workers (Approval #886679634) for 12 continuing education contact hours through the Nemours Children’s Health System.
**Surviving Cancer Competently Intervention Program (SCCIP-ND) Training Schedule**

**DAY 1:** May 14 - 9:00 AM – 4:00 PM  
**DAY 2:** May 15 - 8:00 AM – 3:00 PM

**Day 1: 9:00 AM – 12:00 PM:**
- Introductions
- Working with Families Newly Diagnosed with Cancer
- Introduction to SCCIP-ND / Overview of the Evidence
- Overview of SCCIP-ND Model and its Components
- Fidelity Considerations

**Day 1: 1:00 – 4:00 PM:**
- Family Systems theory and its application to SCCIP-ND
- Cognitive-Behavioral theory and its application to SCCIP-ND
- Session 1: Goals and Implementation
- Session 1: Demonstration / Practice – ABC Model
- Wrap-up Day 1: Questions and Answers

**Day 2: 8:00 AM – 12:00 PM:**
- Session 2: Goals and Implementation
- Session 2: Demonstration / Practice - Reframing
- Session 3: Goals and Implementation & Fidelity Goals
- Session 3: Demonstration / Practice – Family Survival Road Map

**Day 2: 1:00 – 3:00 PM:**
- Implementing SCCIP-ND: Logistics, Resource Needs, and Consultation
- Implementation Challenges: Discussion and Troubleshooting
- Parameters for Flexibly Implementing SCCIP-ND Model
- Wrap-up Day 2: Questions and Answers

**Training Methods:**
- Lecture  
- PowerPoint  
- Case Examples  
- Role Plays  
- Discussion

*NOTE: Attendance is required on both days.

**Training Program Location:**

**May 14-15, 2015:**  
Nemours / Alfred I. duPont Hospital for Children  
ABC Building, Conference Rooms RL8-420 and RL8-447  
1600 Rockland Road  
Wilmington, DE 19803

*Exact training location (building and room number) will be sent via email prior to training to all registered trainees*
Registration Form (please print clearly)

Name:____________________________________________________________________________________________

Title / Degree:______________________________________________________________________________________

Institution:________________________________________________________________________________________

Address:__________________________________________________________________________________________

City, State, Zip:____________________________________________________________________________________

Phone (day):_______________________________________________________________________________________

E-Mail:____________________________________________________________________________________________

I want APA psychology CE credit: ______ Yes ______ No

I want NASW social work CE credit: ______ Yes ______ No

Training Fee Enclosed: ______ $ 250.00 (Fee covers: two days of training; implementation manual & materials, follow-up consultation, CE credit, if applicable)

Make check payable to: The Children’s Hospital of Philadelphia (*Note: We do not accept cash or credit.)

Send check (made out to The Children’s Hospital of Philadelphia) and registration form to:

Stephen DiDonato, MS
Center for Pediatric Traumatic Stress
Nemours / A.I. duPont Hospital for Children
RC-1 – Room 167
1600 Rockland Road
Wilmington, DE 19803
302-651-6792

Please email Stephen DiDonato – Stephen.DiDonato@nemours.org to alert him that your registration has been sent.

Travel and lodging arrangements:

All attendees are responsible for their own travel arrangements. Philadelphia, PA is served by Philadelphia International (PHL), served by most major airlines. General shuttle service is available.

A room block has been set up at the DoubleTree hotel. Trainees are responsible for making their own lodging arrangements. Information for the DoubleTree is below; the room block is under “SCCIP-ND Nemours” at a rate of $143/night. Transportation to and from the DoubleTree to Nemours has been set up for each training session.

DoubleTree by Hilton Wilmington
4727 Concord Pike Wilmington DE 19803
302-478-6000
DoubleTreeWilmington.com

Note: Breakfast and lunch will be provided as part of the training program on each day; dinner is on your own.